

CHS Indoor Track & Field

November 2011

Coach Murphy (aka Coach Wit) trmurphy@aacps.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15 1st Day of Indoor Track Tryouts 2:30-4:30pm	16 Tryouts 3-5pm	17 Tryouts 2:30-4:30pm	18 Tryouts 2:30-4:30pm Team Selection 4:30pm Cafeteria	19 NO PRACTICE
20	21 No School Practice 3pm-5pm	22 No School Practice 3pm-5pm	23 No School Practice 9am-11am	24 No School NO PRACTICE Happy Thanksgiving!	25 No School Practice 9am-11am	26 NO PRACTICE
27	28 Practice 2:30pm-4:30pm	29 CiCi's Team Dinner 6pm-7:30pm Practice 2:30-4:30pm	30 Practice 3pm-5pm PV & HJ 5-7pm	1 Practice 2:30pm-4:30pm	2 TRACK Inter-County Srimmage PGSLC 3:30pm	3 Practice for athletes off yesterday 9am-11am

December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 Practice 2:30pm-4:30pm	6 TRACK East vs West Meet PGSLC 3:30pm	7 Practice 3pm-5pm PV & HJ 5-7pm	8 Five Guys Team Dinner 5pm - 9pm Practice 2:30pm-4:30pm	9 Practice 2:30pm-4:30pm PV & HJ 2:30-4:30	10 Practice 9am-11am
11	12 Practice 2:30pm-4:30pm	13 TRACK AA vs Balt. County Baltimore Armory 3:30pm	14 Practice 3pm-5pm PV & HJ 5-7pm	15 Practice 2:30pm-4:30pm	16 Practice 2:30pm-4:30pm PV & HJ 2:30-4pm	17 TRACK Bishop Loughlin Games New York New Balance Center
18	19 TRACK AACPS Invitational PGSLC 3:30pm	20 Practice 2:30-4:30pm	21 TRACK Freddie Hendricks Invite Baltimore Armory	22 Practice 2:30pm-4:30pm	23 No School Practice 9am-11am PV & HJ 9-11am	24 NO PRACTICE
25	26 No School NO PRACTICE	27 No School Practice 9am-11am	28 No School Practice 9am-11am PV & HJ 9-11am	29 No School Practice 9am-11am	30 No School Practice 9am-11am PV & HJ 9-11am	31 NO PRACTICE

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January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No School Practice 9am-11am	3 TRACK AA vs Howard County PGSLC 3:30pm	4 Practice 3pm-5pm PV & HJ 5-7pm	5 Practice 2:30pm-4:30pm	6 Practice 2:30pm-4:30pm	7 Practice 9am-11am PV & HJ 9-11am
8	9 TRACK AA vs Baltimore County PGSLC 3:30pm	10 Practice 2:30-4:30pm	11 2hr Early Dismissal NO PRACTICE PV & HJ 5-7pm	12 Practice 2:30pm-4:30pm	13 Practice 2:30pm-4:30pm PV & HJ 2:30-4pm	14 TRACK SMAC Invitational PGSLC Self-Transport Form Due: 1/11/12
15	16 No School MLK Day NO PRACTICE	17 Semester EXAMS 2hr Early Dismissal Practice 3pm-4:30pm	18 Semester EXAMS 2hr Early Dismissal Practice 3-4:30pm PV & HJ 4:30-6pm	19 Semester EXAMS 2hr Early Dismissal Practice 3pm-4:30pm	20 Semester EXAMS 2hr Early Dismissal Practice 2:30pm- 4:30pm	21 NO PRACTICE
22	23 No School Practice 9am-11am PV & HJ 9-11am	24 TRACK AA County Relays PGSLC 3:30pm	25 Start of 3MP NO PRACTICE	26 CiCi's Team Dinner 6pm-7:30pm Practice 2:30pm-4:30pm	27 Practice 2:30pm-4:30pm PV & HJ 2:30-4:30pm	28 Practice 9am-11am
29	30 Practice 2:30pm-4:30pm PV & HJ 3-4:30pm	31 TRACK AACo Championship PGSLC 3:30pm	1 NO PRACTICE	2 Practice 2:30pm-4:30pm	3 Practice 2:30pm-4:30pm PV & HJ 2:30-4:30pm	4 Practice 9am-11am

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February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6 Practice 2:30pm-4:30pm PV & HJ 2:30-4:30pm	7 TRACK 4A Central Region Championship	8 NO PRACTICE	9 Practice 2:30pm-4:30pm	10 Practice 2:30pm-4:30pm	11 NO PRACTICE Cheerleader States
12	13 Practice 2:30pm-4:30pm	14 Practice 2:30-3:30pm	15 NO PRACTICE	16 Practice 2:30pm-4:30pm	17 Practice 2:30pm-4:30pm PV & HJ 2:30-4:30pm	18 Practice 9am-11am
19	20 No School Presidents Day Practice 9am-11am PV & HJ 9-11am	21 TRACK 4A State Championship Meet	22	23	24	25
26	27	28 Winter Sports Awards 7pm Auditorium	29			